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# A New Look at Aerosol Deposition, Dosimetry and Biokinetics of Nanoparticles in the Lung

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Assoc. Inhalation Toxicology – Webinar Series 6 February, 2023



- I. Ventilator-assisted aerosol deposition in murine lungs for efficient, dose-controlled drug delivery
- II. Multi-modal holistic imaging of the in murine lung with cellular resolution
  - I. Artificial-intelligence supported image analysis
  - II. Differences between aerosol and bulk liquid application
  - III. The role of macrophages for nanoparticle clearance from the lung

# Problem with nose-only and whole-body inhalation: The NOSE!



#### Nasal aerosol deposition in mice



### Clinically used nebulizers (MMAD 3 – 5 µm)

- < 0.1% delivered to nose
- Low dose rate ---- long exposure times

# Pulmonary Drug/Aerosol Delivery Technologies (mice)



## flexiVent: Lung Function Measurement System (for Mice)

Dose-controlled aerosol delivery



Vibrating Mesh Nebulizer



www.aerogen.com

Aeroneb Lab/Pro (VMD 3.5 – 6.0 μm) Vibrating Mesh Nebulizer (Aeroneb Pro/Lab, Aerogen, Ireland) Mechanical ventilation of animals





flexiVent **FX** (EMKA/Scireq, France/Canada)

Dense Cloud of Droplets MMA Diameter = 2. 8 μm

# From Nebulized to Deposited Drug Dose



## Parameter Matrix for Investigation of Delivered/Inhaled Aerosol Dose

Parameter	Range
Respiratory frequency (breath/min)	120, 180, 240
Tidal volume (µl)	200, 267, 400
Ratio of inhalation/exhalation time (I/E ratio)	2:1, 1:1, 1:2
Nebulizer on-time (duty cycle)	20-333 ms (6-100%)
Nebulizers	3 x Aeroneb Lab (small) 6 x Aeroneb Pro
Droplet mass median diameter (µm)	3.8 - 5.4
Nebulizer aerosol output rate (ml/min)	0.3 - 0.8

More than 60 different settings were tested (n = 3-5)

# Inhaled Dose Fraction $(f_{inhaled})$ – Depends on ventilator & nebulizer parameters



# Fraction of Inhaled Aerosol Deposited in the Lung (f<sub>deposition</sub>)



# *I. In vivo* imaging of pulmonary delivery of nanoparticles suspensions in murine lungs

*II. Ex vivo* co-mapping of lung morphology and liquid deposition in murine lungs – various routes of application

Propagation-based phase-contrast X-ray imaging of pulmonary delivery – *In vivo* (*Prof. Pfeiffer, Technical Univ. Munich, Germany*)

# X-ray imaging setup(Munich Compact Light Source)



Allows either an anteroposterior (AP) projection (e.g. of the lungs) or a lateral (Lat) projection (e.g. through the trachea).

Gradl, et al. Sci. Reports, 8.1: 6788, 2018 Gradl, IEEE Trans. Med. Imaging, 38,2, 649-656, 2019 Gradl et al. Schmid, Morgan, J. Control. Release, 307, 282-291, 2019 doi.org/10.1016/j.jconrel.2019.06.035

# Pulmonary delivery setup

#### Intratracheal Inhalation (ventilator-assisted)



# **Application/Imaging methods – Contrast agents/dyes**

<u>Bulk</u> liquid	Liquid <u>aerosol</u>	Applied liquid active agents (and mixtures thereof)		
Intubation	Intubation	Mode	X-ray/CT imaging	Fluorescence microscopy (near-infrared: ~ 700 nm)
		Contrast agents	Iodine (VMD ~ 2 μm)	Polystyrene Particles (VMD ~ 400 nm)
			Iron oxide (VMD ~ 600 nm)	Melamine resin Particles (VMD ~ 450 nm)
Intratracheal Ventilator-assisted Instillation		Gold NPs (VMD ~ 20 nm)		
	Inhalation		Quantum dots (VMD ~ 20 nm)	

# In vivo Phase-Contrast X-ray Imaging: Intratracheal Instillation

1 image / breath @ 80 breath/min (during 100 ms end-inspiratory breath-hold)





# In vivo Phase-Contrast X-ray Imaging: Inhalation

#### **Fractional deposited dose**

Trachea: 50 – 80% in trachea Lung: 20 – 50% in lung Esophagus: <1% in esophagus (< 3min time for clearance)





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## Whole Murine Lung Imaging (Ex vivo) **Tissue Clearing and Light Sheet Fluorescence Microscopy (LSFM)**

#### Tissue Clearing Protocol (3DISCO; ca. 1d)

Ertürk et al., Nat Protocol, 7, 11, 2012

Cleared

Yang et al. Schmid, ACS Nano, 51, 4, 526-535, 2019

Blood

removed

- Dehydration (tetrahydrofuran (THF), 50-100%)
- Lipid removal (dichloromethane (DCM))
- Refractive index matching (BABB: benzyl alcohol (BA)) and benzyl benzoate (BB) or dibenzyl ether (DBE))



Thickness of light sheet is about 4 - 10 μm

### Whole Lung Morphology – Light Sheet Fluorescence Microscopy (LSFM)

2D & 3D Lung morphology and airway structure generated from autofluorencence images of the tissue (volume function of Imaris) after imaging using LSM



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Yang et al. Schmid, ACS Nano, 51, 4, 526-535, 2019

# Efficient uptake of nanoparticles by alveolar macrophages

Tissue slice (3D)



Magnification:20x, confocal

Macrophage/epithelial cell uptake ratio of NPs



DAPI, Anti F4/80, Podoplanin, NPs

#### Pulmonary drug distribution: Instillation vs. Inhalation (LSFM)



Green: lung epithelium

⇒ Instil.: Central & patchy deposition

Red: Deposited fluorescent aerosol

⇒ Inhal.: Uniform deposition throughout lung

# "Hot spot" aerosol deposition in Proximal Acinar Region (PAR)



Red: Deposited fluorescent aerosol

# **Aerosol Deposition in Murine Lung: 3D LSFM**

2.8 µm aerosol depo. in the whole (non-dissected) murine lung (with down to cellular resolution)

Deposited Aerosol (red, yellow) 10000 11000 12000 13000 10000 Position X [um]



Yang et al. ACS Nano, 13, 1029-41, 2019

Lung epithelium (green)

#### Active learning AI-based analysis for determination of novel regional deposition features



Extraction of ground truth\_manual segmentation of whole lung airway tree

#### Data-centric active learning AI approach (CNN)

Active Learning:

Training nnU-net only on few annotated samples, predication on validation set afterwards, visual inspection of results, corrections of selected cases and adding them to training data, and repeating the process iteratively.



#### Method Improvement:

Adapt Data Augmentation to specific challenges: Gaussian Blur, Gaussian Noise, local blurring transform, local contrast transform, local brightness transform, local sharpness transform, custom slice illumination transform, blank rectangle transform

#### Distinct pulmonary deposition profiles for multiple delivery routes revealed by tissue-cleared LSFM



#### Distinct bronchial deposition profiles for multiple delivery routes



#### Acinar deposition feature for multiple delivery routes at cellular resolution



Proximal or Distal acinar regions (PAR or DAR) TB: terminal bronchioles

Aerosol deliveries (VAAD and NOAI) allow for deeper lung (distal acini) and more uniform transportation than INLA and ITLI

# **Quantitative Lung Morphometry**



Yang et al. Schmid, ACS Nano, 51, 4, 526-535, 2019





## Whole lung dosimetry – four routes of pulmonary application

**Dosimetry** <u>Spectrofluorometry in homgenized lungs</u>





C/P deposition ratio is highly predictive for bronchial/acinar ratio

# I. Understanding the role of macrophages in particle clearance from the lung

#### Previous knowledge on the migration of lung (alveolar) macrophages in literature



Pulmonary alveolar macrophages laden with microparticles migrated to the tracheobronchial lymph nodes (year of 1985)

#### nature

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<u>nature</u> > <u>letters</u> > article

Published: 19 January 2014

Sessile alveolar macrophages communicate with alveolar epithelium to modulate immunity

Kristin Westphalen, Galina A. Gusarova, Mohammad N. Islam, Manikandan Subramanian, Taylor S. Cohen, Alice S. Prince & Jahar Bhattacharya 🖂

 Nature
 506, 503–506 (2014)
 Cite this article

 23k
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Stimulated by LPS or bacterial infection, the AMs remained sessile and attached to the alveoli, they established intercommunication through synchronized Ca2+ waves in ex vivo perfused lung (year of 2014)





Volume 183, Issue 1, 1 October 2020, Pages 110-125.e11

Article Patrolling Alveolar Macrophages Conceal Bacteria from the Immune System to Maintain Homeostasis

Arpan Sharma Neupane<sup>1,4</sup>, Michelle Willson<sup>1,4</sup>, Andrew Kzysztof Chojnacki<sup>5</sup> , Fernanda Vargas E Silva Castanhein<sup>1,4</sup>, Christopher Morehouse<sup>7</sup>, Agostina Carestia<sup>4</sup>, Achley Elaine Keller<sup>7</sup> , Moritz Peisele<sup>1,4</sup>, Antonio DiCiandomenico<sup>7</sup>, Margaret Mary Kelly<sup>1</sup>, Matthias Amrein<sup>3</sup>, Craig Jenne<sup>1,2,4</sup> , Alifan Thanabalsunia<sup>1,4,6,7,4</sup>, **A**, **B**, Paul Kubes<sup>1,1,2,4,5</sup>, **A**, **B** 

Alveolar macrophages show directed movement toward inhaled bacteria (year of 2020)

#### Intravital microscopy indicates the active migration of AMs to and particles



PKH labelled AMs



Prof. Dr. Markus Rehberg and Qiongliang Liu





Particle uptake and relocation mediated by alveolar macrophages (in ex vivo precision cut lung slices)

Visualization of AM "squeezing" through pore of Kohn



#### Precisce location of al AMs



#### DAPI, Anti F4/80, Podoplanin, NPs

#### Macrophage locations in acini



#### DAPI, Anti F4/80, Podoplanin







#### Fraction of interstitial NP<sup>+</sup> AMs



> Deposited particles are rapidly and effectively taken up by AMs

# **Redistribution of nanoparticles**



# Macrophages play a critical role in particle relocation

# Summary

- I. Deposition features of bulk liquid delivery vs. aerosol inhalation
- I. central/bronchial vs. peripherial/acinar deposition
- II. Patchy vs. uniform deposition,
  - I. yet, hot spot deposition in proximal acinar region
  - II. reaches deeper into acinar region (than bulk liquid)
- II. Ventilator-assisted (VAAI) vs. nose-only (NOAI) aerosol inhalation
- I. 10-30-fold higher dose efficiency (similar to clincial dose rate)
- II. No nasal deposition clincally more relevant
- III. Exact mapping of macrophages throughout lung
- I. Particle uptake
- II. Localization & migration within lung

# Perspectives



Need to investigate the relevance of aerosols as compared to bulk liquid application in preclincial studies

- I. Partico-/pharmacokinetics
- II. Pharmaco-/toxicodynamics
- III. Improved substance-induced animal models?
  - Elastase emphysema
  - Bleomycin fibrosis
  - .....







Comprehensive Pneumology Center

# Acknowledgement



Dr. Lin Yang

# Thank you

CPC Resea Lung Bi

Research School Lung Biology and Disease Institute of lung health and immunity (LHI/CPC), DZL, HMGU Schmid lab Dr. Pramod Kumar, Dr. Ali Farnoud, Dr. Ali Joryab, Anna Fuchs, Penghang Chen Andreas Schröppel Dr. Otmar Schmid

Stoeger lab Qiongliang Liu, David Kutschke, Dr. Carola Voss Prof. Dr. Markus Rehberg, Dr. Tobias Stoeger,

Burgstaller lab Dr. Arunima Sengupta, Dr. Gerald Burgstaller

Helmholtz core facility Dr. Annette Feuchtinger Helmholtz Imaging platform, German Cancer Research Center (DKFZ) Darya Trofimova, Sebastian Ziegler, Dr. Fabian. Isensee, Dr. Paul Jäger Helmholtz AI, HMGU Ruolin Shen, Dr. Marie, Piraud



Dr. Herbert Schiller

Dr. Ali Önder Yildirim CPC organization and secretary team The CPC-M bioArchive team







# Questions

Comments?

# Microsprayer aerosol delivery Intranasl liquid aspiration Intratracheal liquid instillation MSD INLA ITLI 1000 µm Nose-only aerosol inhalation **Oropharyngeal liquid aspiration** Ventilator-assisted aerosol delivery NOAI ORIA VAAD Tissue autofluorescence (AF) NPs

#### Distinct pulmonary deposition profiles for multiple delivery routes revealed by tissue-cleared LSFM



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Tissue autofluorescence (AF) NPs